

Course Structure for Undergraduate Program Effective for students admitted for Academic Year 2018

1. Common Required Courses (1 credits)

Course Name	Credits	Hours	First year		Second		Third		Fourth		Remarks
			一	二	一	二	一	二	一	二	
Track and Field (I)	1	2	1								男女分開授課
Total	8	10	6	0	0	0	0	0	2	0	

2. College Common Required Courses (7 credits)

Course Name	Credits	Hours	First year		Second		Third		Fourth		Remarks
			一	二	一	二	一	二	一	二	
Human Anatomy and Physiology	2	2	2								
Introduction to Health and Physical Education	2	2		2							
Administration and Management of Physical Education	2	2					2				
Track and Field (I)	1	2	1								男女分開授課
Total	7	8	3	0	0	0	0	2	0	0	

3. Core Courses (58 credits)

	Course Name	Credits	Hours	First year		Second		Third		Fourth		Remarks
				一	二	一	二	一	二	一	二	
Subject	Exercise and Sport Physiology(I、II)	4	4			2	2					
	Sport Professional English	2	2				2					
	Sport and Exercise Psychology(I、II)	4	4	2	2							
	Sport Biomechanics(I、II)	4	4					2	2			
	Sport Training(I、II)	4	4					2	2			
	Sport Injury and First Aid	2	2		2							
Physical Training	Swimming (II)	1	2		1							男女分開授課
	Track and Field (II)	1	2		1							男女分開授課
	Basketball	40	96	5	5	5	5	5	5	5	5	男女分開授課
	Volleyball											
	Soccer											
	Handball											
	Baseball											
	Softball											
	Badminton											
	Table Tennis											
	Soft Tennis											
	Rugby Football											
Golf												

Sport Philosophy	2	2									
Research Methods in Physical Education	2	2									
Selective Reading of Literature in Physical Education	2	2									
Measurement and Evaluation in Sport Performance	2	2									
Contemporary International Sport Organization	2	2									
Sport Facilities and Management	2	2									
Advance of Human Anatomy and Physiology	2	2									
Others	2	2									

5. Elective Physical Training (8 credits)

Course Name	Credits	Hours	First year		Second		Third		Fourth		Remarks
			一	二	一	二	一	二	一	二	
Basketball(I、II)	4	8									任選 2 科 4 學分
Volleyball(I、II)											
Soccer(I、II)											
Baseball(I、II)											
Softball(I、II)											
Handball(I、II)											
Others											
Tennis(I、II)	4	8									任選 2 科 4 學分
Badminton(I、II)											
Table tennis(I、II)											
Bowling(I、II)											
Golf(I、II)											
Others											
Others											
Taekwondo(I、II)	2	4									任選 1 科 2 學分
Judo(I、II)											
Boxing(I、II)											
Gymnastics(I、II)											
Wrestling(I、II)											
Chinese martial arts(I、II)											
Others											
Physical Fitness Training (I、II)	2	4									任選 1 科 2 學分
Acupressure and Massage(I、II)											
Gymnastics and Games(I、II)											
Aerobic Dance(I、II)											
Others											
Internship – Sports guide	2	4							1	1	依主修課 群選擇實 習項目 1 科 2 學 分，在課 餘時間另 需實習至 少 45 小 時以上，
Internship – Sport Goods Marketing											

Internship – Fitness guide											加計課程 需達 100 小時。
Total	14	28			2	2	2	2	3	3	

6. 跨域或自由選修科目:20 學分(可選系訂科選修科目，或跨領域自由選修他系必修或選修科目)