

National Taiwan University of Sport
International Short-term Summer Program
Course Outline

Course: Sport tourism: experiencing Taiwan through cycling

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Course description

The students in this course will join Iron Camel, a 15-day 1100-km cycling tour around Taiwan. The course will take the students to beautiful mountain areas as well as the spectacular east coastline. The students will experience firsthand the leisure infrastructure, leisure resources, diverse culture, and natural beauty of Taiwan. The students will also learn how to organize and lead a cycling tour, as well as the maintenance of bicycles.

The tour will provide very basic accommodations while the students will bring their own sleeping bags and mosquito net. The students will be responsible for their own food during the tour. The students can bring their own bikes or rent them from NTUS.

Course objectives

1. Understand the leisure infrastructure and resources in Taiwan.
2. Experience the diverse culture in Taiwan, a melting pot of local, Chinese, northeast Asian, and southeast Asian culture.
3. Learn how to organize and lead a multi-day cycling tour.
4. Understand the maintenance of bicycles.

Student evaluation

1. Participation, discussion, and dedication (80%)
2. Final report (20%)

Tentative schedule and distance (may be adjusted according to weather and road conditions)

Days		Distance (km)
Day 1	Taichung - Miaoli	51
Day 2	Miaoli - Hsinchu	55
Day 3	Hsinchu - Taipei	81
Day 4	Taipei - Luodong	78

Day 5	Luodong - via train – Hsinchen – Toroko Gorge - Hualien	33
Day 6	Free schedule - Tour Hualien City	
Day 7	Hualien - Yuli	93
Day 8	Yuli - Taidong	94
Day 9	Taidong - Syuhai	99
Day 10	Syuhai – Kending - Hengchun	65
Day 11	Free schedule - Tour Kending	
Day 12	Hengchun - Fengshan	91
Day 13	Fengshan - Tainan	61
Day 14	Tainan - Chiayi	77
Day 15	Chiayi - Taichung	91



Schedule map of Iron Camel